

Licensed to Colonial League T&F Championship Meet

Hy-Tek's Meet Manager 5/11/2006 09:42 PM

2006 Colonial League Championship Meet - 5/11/2006

Bangor Memorial Park

Results

Girls 100 Meter Dash

Meet Record: @ 12.10 1984 Debbie Linton, Catasauqua					
Name	Year	School	Prelims	Finals	Points
Finals					
1 Jackie Meissner	SR	SV	12.60	12.90	10
2 Erika Shafer	SR	Nlg	12.90	13.00	8
3 Caitlin Freidl	SO	Wil	13.00	13.30	6
4 Liz Nemeth		Slhg	13.10	13.40	5
5 Susan Ciufo	JR	Bang	13.30	J13.40	4
6 Rebecca Delong	FR	Nlg	13.20	13.50	3
7 Elizabeth Border	12	Wil	13.10	13.60	2
8 Lauren Klein	JR	Pal	13.40	13.80	1

Girls 100 Meter Dash

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Meet Record: @ 12.10 1984 Debbie Linton, Catasauqua					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Jackie Meissner	SR	SV	12.70	12.60Q	3
2 Erika Shafer	SR	Nlg	12.80	12.90Q	2
3 Caitlin Freidl	SO	Wil	12.80	13.00Q	1
4 Liz Nemeth		Slhg	13.00	13.10Q	1
4 Elizabeth Border	12	Wil	13.20	13.10Q	3
6 Rebecca Delong	FR	Nlg	13.20	13.20Q	2
7 Susan Ciufo	JR	Bang	13.17	13.30q	3
8 Lauren Klein	JR	Pal	13.40	13.40q	1
9 Jess Albright	SO	Sal	13.30	13.50	1
10 Stephanie Schlofer	SO	Caty	13.30	13.60	1
11 Ariel Johnson	SO	SV	13.80	J13.60	1
12 Caitlin Miller	SR	Nwlg	13.40	J13.60	2
13 Asia Williams	SR	Pahs	13.30	J13.60	2
14 Jhourdan Francis		ND	13.50	13.70	1
15 Alexa Mish	FR	Nwlg	13.50	J13.70	2
16 Kris Labert		Slhg	13.40	13.80	3
17 Simone Bradley	SO	Bang	13.13	13.90	2
17 Colleen Wagner		ND	13.70	13.90	3
19 Holly Dixon	SR	Palm	13.90	J13.90	3
20 Carlin Carita	10	Wil	13.80	14.60	2
21 Ashleigh Arnold	FR	Nlg	13.80	14.80	1
22 Victoria Poliskiewicz	FR	Bang	13.60	19.60	3
23 Danielle DaSilva	JR	SV	13.40	19.80	3

Girls 200 Meter Dash

Meet Record: @ 25.70 1989 Jen Gerstmeirer, Palisades					
Name	Year	School	Prelims	Finals	Points
Finals					
1 Casey Ord	SO	Palm	27.40	27.20	10
2 Erika Shafer	SR	Nlg	27.80	27.40	8
3 Susan Ciufo	JR	Bang	27.70	27.90	6
4 Lauren Klein	JR	Pal	28.50	28.10	4.5
4 Liz Nemeth		Slhg	28.20	28.10	4.5
6 Niki Pasquarella	SR	Pal	28.60	28.20	3
7 Sarah Schoffstall	JR	Nwlg	28.30	29.00	2
8 Kris Labert		Slhg	28.20	29.50	1

Girls 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Meet Record: @ 25.70 1989 Jen Gerstmeirer, Palisades

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Casey Ord	SO	Palm	26.28	27.40Q	3
2 Susan Ciufo	JR	Bang	27.29	27.70Q	2
3 Liz Nemeth		Slhg	27.40	28.20Q	1
4 Erika Shafer	SR	Nlg	27.80	27.80q	3
5 Kris Labert		Slhg	27.80	28.20q	2
6 Sarah Schoffstall	JR	Nwlg	28.12	28.30q	3
7 Lauren Klein	JR	Pal	27.60	28.50q	1
8 Niki Pasquarella	SR	Pal	27.90	28.60q	1
9 Stephanie Schlofer	SO	Caty	28.40	28.70	1
10 Caitlin Vanek	FR	Wil	28.10	J28.70	3
11 Caitlin Freidl	SO	Wil	27.90	J28.70	1
12 Rhonwen Peters	JR	Palm	28.89	29.00	2
13 Simone Bradley	SO	Bang	28.04	J29.00	2
14 Asia Williams	SR	Pahs	28.90	29.20	1
15 Jhourdan Francis	ND		27.70	J29.20	3
16 Ariel Johnson	SO	SV	28.90	29.50	1
17 Rebecca Delong	FR	Nlg	28.60	J29.50	1
18 Robbie Hicks	FR	Nwlg	28.80	29.90	3
19 Lindsay Hoolehan	SO	Sal	28.70	J29.90	2
20 Jess Albright	SO	Sal	29.10	30.10	2
21 Victoria Poliskiewicz	FR	Bang	28.80	30.30	3

Girls 400 Meter Dash

Meet Record: @ 58.00 1980 Sue Hershey, Saucon Valley

Name	Year	School	Seed	Finals	H#	Points
1 Casey Ord	SO	Palm	1:00.22	59.60	2	10
2 Christina Meissner	SO	SV	1:00.70	1:00.20	2	8
3 Liz Nemeth		Slhg	1:01.60	1:02.70	2	6
4 Niki Pasquarella	SR	Pal	1:05.50	1:03.20	1	5
5 Jess Heffelfinger	SO	Palm	1:03.41	1:03.80	2	4
6 Sarah Schoffstall	JR	Nwlg	1:03.30	1:04.80	2	3
7 Stephanie Schlofer	SO	Caty	1:05.00	J1:04.80	2	2
8 Molly Butz	ND		1:05.60	1:06.00	1	1
9 Liz Bromfield	SO	SV	1:05.30	1:06.20	2	
10 Sammy Coulson		Slhg	1:06.30	1:06.60	1	
11 Marie Tarnowski	ND		1:06.70	1:07.00	1	
12 Danielle Gornick	FR	Bang	1:05.62	1:07.10	1	
13 Alexa Mish	FR	Nwlg	1:06.60	1:07.60	1	
14 Rashoine Rosa	JR	Wil	1:05.00	1:08.00	2	
15 Katrina Wehr	FR	Nlg	1:06.10	1:08.90	1	

Girls 800 Meter Run

Meet Record: @ 2:20.00 1980 Sherri Hershey, Saucon Valley

Name	Year	School	Seed	Finals	Points
1 Steph Bearish		Slhg	2:25.90	2:25.90	10
2 Christina Meissner	SO	SV	2:31.50	2:27.90	8
3 Dana Stellar	SR	Nwlg	2:33.60	2:28.60	6
4 Jess Heffelfinger	SO	Palm	2:34.00	2:33.90	5
5 Deanna Mulicka	JR	SV	2:32.60	2:37.00	4
6 Amie Gordon		Slhg	2:36.10	2:39.22	3
7 Megan Ferrani	SR	SV	2:40.00	2:40.00	2
8 Emily Francisco	SO	Bang	2:37.39	2:41.08	1
9 Sarah Ziegenfuss	JR	Bang	2:42.00	2:42.00	
10 Katy Holby	SO	Pal	2:41.30	2:42.90	

11 Allison Lago	SO Bang	2:43.92	2:44.00
12 Vanessa Elphick	FR Pahs	2:44.30	2:44.70
13 Samantha Carr	SR Pal	2:42.60	2:47.50
14 Nicole Mullen	SO Nlg	2:41.60	2:52.00

Girls 1600 Meter Run

Meet Record: @ 5:00.40 1987 Sue Kozelnicky, Southern Lehigh					
Name	Year School	Seed	Finals	Points	
1 Steph Bearish	Slhg	5:17.00	5:26.70	10	
2 Dana Stellar	SR Nwlg	5:27.90	5:30.10	8	
3 Kelsi Ward	SR SV	5:37.00	5:36.90	6	
4 Catie Messick	SO Palm	5:42.00	5:40.60	5	
5 Alyssa Glueck	JR Bang	5:43.72	5:46.65	4	
6 Amanda Jensen	JR Bang	5:46.49	5:48.10	3	
7 Brooke DiBenedetto	FR Pahs	5:54.20	5:50.00	2	
8 Kimberly Polizzano	FR SV	5:55.00	5:51.12	1	
9 Allison Mays	JR Nwlg	5:57.00	5:52.30		
10 Deanna Mulicka	JR SV	5:36.00	5:57.60		
11 Briana McDevitt	JR Pal	5:51.70	5:59.00		
12 HolliAnne Snyder	JR Caty	5:52.00	5:59.70		
13 Abby Ott	FR Bang	5:55.00	6:03.00		
13 Shelby Naughton	SO Sal	6:02.00	6:03.00		
15 Emily Heller	SO Bang	6:04.00	6:09.70		

Girls 3200 Meter Run

Meet Record: @ 11:22.80 1985 Sue Kozelnicky, Southern Lehigh					
Name	Year School	Seed	Finals	Points	
1 Amanda Jensen	JR Bang	12:10.00	12:10.00	10	
2 Dana Stellar	SR Nwlg	11:47.50	12:15.80	8	
3 Ashley Payung	FR SV	12:42.00	12:16.10	6	
4 Catie Messick	SO Palm	12:15.00	12:29.20	5	
5 Alyssa Glueck	JR Bang	12:45.00	12:46.90	4	
6 Rebecca Hollenbach	FR Pal	13:23.70	12:57.90	3	
7 Maria Malloy	Slhg	12:36.50	12:58.60	2	
8 Briana McDevitt	JR Pal	12:53.70	12:59.10	1	
9 Shelby Naughton	SO Sal	13:39.70	13:04.20		
10 HolliAnne Snyder	JR Caty	12:50.20	13:10.50		
11 Heather Elphick	JR Pahs	13:26.90	13:13.10		
12 Allison Mays	JR Nwlg	13:14.00	13:14.80		
13 Emily Heller	SO Bang	13:30.00	13:21.80		
14 Jackie Guignet	Slhg	13:06.70	13:28.00		
15 Mary Azzalina	ND	13:44.50	13:35.30		

Girls 100 Meter Hurdles

Meet Record: @ 14.40 1984 Debbie Linton, Catasauqua					
Name	Year School	Prelims	Finals	Points	
Finals					
1 Alyson Brokaw	JR Pal	16.50	15.80	10	
2 Alyson Serafin	JR Nlg	17.10	16.50	8	
3 Gabrielle Salvemini	SO Bang	17.10	16.70	6	
4 Leah Martinson	SR Wil	16.50	16.90	5	
5 Amanda Wynkoop	Slhg	17.20	17.10	4	
6 Katelyn Chando	Slhg	17.80	17.50	3	
7 Jessica Hazzard	SR Caty	17.80	17.80	1.5	
7 Kelly Senters	Slhg	17.50	17.80	1.5	

Girls 100 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 2 Best Times
 Meet Record: @ 14.40 1984 Debbie Linton, Catasauqua

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Alyson Brokaw	JR	Pal	16.40	16.50Q	3
1 Leah Martinson	SR	Wil	16.50	16.50Q	2
3 Alyson Serafin	JR	Nlg	16.80	17.10Q	1
4 Gabrielle Salvemini	SO	Bang	16.68	17.10Q	1
5 Amanda Wynkoop		Slhg	17.70	17.20Q	2
6 Kelly Senters		Slhg	17.50	17.50Q	3
7 Jessica Hazzard	SR	Caty	17.50	17.80q	3
7 Katelyn Chando		Slhg	17.40	17.80q	2
9 Aimee Hilton	JR	Pal	19.40	17.90	1
10 Mel McCoy	FR	Nlg	18.90	18.50	1
11 Amy Devivo		ND	19.30	19.00	2
12 Stephanie Spina	SO	Bang	18.58	19.10	3
12 Allison Metzger		Slhg	17.90	19.10	1
12 Lauren Nesbitt		ND	18.70	19.10	3
12 Bree Ann Young	SO	Pal	18.10	19.10	2
16 Lindsay Hoolehan	SO	Sal	18.90	19.60	1
17 Natalie Cicalese	SO	Wil	19.00	19.70	3
18 Julie Billig	SO	Nwlg	17.80	19.80	1
18 Jamie Latham	SR	SV	18.70	19.80	2
20 Katie Bowman	10	Wil	19.90	19.90	2
20 Taryn Solt	SO	Palm	19.80	19.90	1
20 Mariah Mulitsch	FR	Bang	18.97	19.90	2
23 Shelby Serafin	FR	Nlg	20.00	20.00	3
23 Kaylee Frantz	SO	Nlg	19.10	20.00	3

Girls 300 Meter Hurdles

Meet Record: @ 45.00 1984 Debbie Linton, Catasauqua					
Name	Year	School	Seed	Finals	H# Points
1 Katelyn Chando		Slhg	49.10	49.70	2 10
2 Alyson Brokaw	JR	Pal	51.60	50.70	2 8
3 Amanda Wynkoop		Slhg	50.70	50.80	2 6
4 Leah Martinson	SR	Wil	52.90	51.10	1 5
5 Kelly Senters		Slhg	51.00	51.40	2 4
6 Lauren Nesbitt		ND	52.40	51.80	2 3
7 Julie Billig	SO	Nwlg	52.50	52.30	1 2
8 Gabrielle Salvemini	SO	Bang	51.56	52.50	2 1
9 Ashley Payung	FR	SV	50.10	52.80	2
10 Allison Metzger		Slhg	52.40	53.20	2
11 Roxanne Pennington	SO	Bang	53.43	53.70	1
12 Amy Devivo		ND	53.70	54.20	1
13 Alyson Serafin	JR	Nlg	53.10	54.90	1
14 Aimee Hilton	JR	Pal	54.40	56.70	1
15 Bree Ann Young	SO	Pal	55.80	58.80	1

Girls 4x100 Meter Relay

Meet Record: @ 50.60 2000 Palisades, Palisades					
L. Hallowell, G Franklin, D. Kennedy, C. Paris					
School		Seed	Finals	H#	Points
1 Northern Lehigh		53.00	52.41	2	10
1) Sarah Barnett SR	2) Alyson Serafin JR				
3) Rebecca Delong FR	4) Erika Shafer SR				
2 Wilson Area		52.30	52.45	2	8
1) Caitlin Freidl SO	2) Elizabeth Border 12				
3) Caitlin Vanek FR	4) Carlin Carita 10				
3 Northwestern Lehigh		53.06	52.59	2	6
1) Caitlin Miller SR	2) Sarah Schoffstall JR				
3) Alexa Mish FR	4) Robbie Hicks FR				
4 Bangor		52.03	53.30	2	5
1) Victoria Poliskiewicz FR	2) Susan Ciufu JR				

3) Ashley Hahn SO	4) Simone Bradley SO				
5 Notre Dame	54.60	54.14	2	4	
1) Tara Finegan	2) Jhourdan Francis				
3) Alysia Garr	4) Colleen Wagner				
6 Saucon Valley	54.30	54.88	2	3	
1) Danielle DaSilva JR	2) Megan Burns SR				
3) Ariel Johnson SO	4) Samantha Wentz SO				
7 Palisades	55.20	55.60	2	2	
1) Kim Kirk FR	2) Julia Sharrer FR				
3) Kaitlyn Tange FR	4) Lauren Klein JR				
8 Palmerton	56.25	56.75	1	1	
1) Holly Dixon SR	2) Rhonwen Peters JR				
3) Rebecca Boyer SO	4) Jocelyn Koller FR				
9 Catasauqua	55.10	57.37	2		
1) Kerri McCarthy SO	2) Sasha Stauffer FR				
3) Stephanie Popovich FR	4) Dana Reiter SO				
-- Southern Lehigh	55.80	FS	1		
1) Nicole Hunsicker	2) Brie Minarik				
3) Kris Labert	4) Val Wrona				

Girls 4x400 Meter Relay

Meet Record: @ 4:08.00 1986 Palisades, Palisades					
K. Lynch, J. Haffner, D. Rotter, L. Lippincott					
School	Seed	Finals	H#	Points	
1 Southern Lehigh	4:18.20	4:23.10	2	10	
1) Amanda Wynkoop	2) Steph Bearish				
3) Liz Nemeth	4) Alexandra Chando				
2 Saucon Valley	4:25.20	4:25.40	2	8	
1) Megan Ferrani SR	2) Kelsi Ward SR				
3) Ariel Johnson SO	4) Christina Meissner SO				
3 Notre Dame	4:34.50	4:25.90	2	6	
1) Molly Butz	2) Tara Finegan				
3) Alysia Garr	4) Marie Tarnowski				
4 Northwestern Lehigh	4:29.60	4:27.30	2	5	
1) Caitlin Miller SR	2) Robbie Hicks FR				
3) Alexa Mish FR	4) Sarah Schoffstall JR				
5 Palmerton	4:27.17	4:29.10	2	4	
1) Lynette Buck JR	2) Rhonwen Peters JR				
3) Holly Dixon SR	4) Jess Heffelfinger SO				
6 Palisades	4:34.30	4:31.40	2	3	
1) Aimee Hilton JR	2) Niki Pasquarella SR				
3) Kiera Stensen FR	4) Alyson Brokaw JR				
7 Bangor	4:27.55	4:33.10	2	2	
1) Danielle Gornick FR	2) Allegra Labar SO				
3) Emily Francisco SO	4) Sarah Ziegenfuss JR				
8 Catasauqua	4:36.40	4:45.10	1	1	
1) Stephanie Schlofer SO	2) Dana Reiter SO				
3) Stephanie Popovich FR	4) Veronica Jimenez FR				
9 Northern Lehigh	4:45.50	5:00.70	1		
1) Ashleigh Arnold FR	2) Natasha Becker JR				
3) Nicole Mullen SO	4) Katrina Wehr FR				

Girls 4x800 Meter Relay

Meet Record: @ 9:41.10 1986 Southern Lehigh, Southern Lehigh					
Karen Koons, Lara & Maren Usinowicz, Sue Kozelnicky					
School	Seed	Finals	Points		
1 Saucon Valley	9:59.92	10:14.00	10		
1) Deanna Mulicka JR	2) Kelsi Ward SR				
3) Ashley Payung FR	4) Jackie Meissner SR				
2 Southern Lehigh	10:39.70	10:31.90	8		
1) Jackie Guignet	2) Maria Malloy				
3) Amie Gordon	4) Stephanie Bearish				

3	Bangor		10:29.17	10:34.60	6
	1) Sarah Ziegenfuss JR				
	3) Allison Lago SO	2) Emily Francisco SO			
4	Palisades		10:54.20	10:49.50	5
	1) Kiera Stensen FR				
	3) Niki Pasquarella SR	2) Samantha Carr SR			
5	Pen Argyl		11:23.60	10:52.20	4
	1) Brooke DiBenedetto FR				
	3) Vanessa Elphick FR	4) Tori Schilling JR			
6	Notre Dame		11:02.90	10:55.20	3
	1) Samantha Hughes				
	3) Allatah Mekile	2) Gabrielle Gosciniak			
7	Catasauqua		11:47.00	11:33.00	2
	1) HolliAnne Snyder JR				
	3) Dana Reiter SO	4) Christine Tkach FR			
8	Northern Lehigh		11:39.00	12:06.00	1
	1) Nicole Mullen SO				
	3) Jessica Wagner FR	2) Natasha Becker JR			
9	Wilson Area		11:17.90	12:15.60	
	1) kayleign Quinn FR				
	3) Kirsten Miller FR	2) Melissa Drzewicki FR			
--	Northwestern Lehigh		11:36.65	NT	
	1) Lindsay Bockman FR				
	3) Allison Scanlon JR	4) Erin George SO			
		2) Karisa Hermany SO			
		4) Allison Mays JR			

Girls High Jump

Meet Record: @ 5-09.75 1988 Leslie Lippincott, Palisades					
Name	Year	School	Seed	Finals	Points
1 Sarah Binder	JR	Palm	5-02.00	5-00.00	10
2 Samantha Wentz	SO	SV	4-10.00	4-08.00	5.7
2 Cara Siegfried	FR	Wil	4-10.00	4-08.00	5.7
2 Kelly Sauerzopf	SO	SV	4-10.00	4-08.00	5.7
2 Dana Stellar	SR	Nwlg	4-10.00	4-08.00	5.7
6 Caitlin Vanek	FR	Wil	4-08.00	4-06.00	1.2
6 Kaylee Frantz	SO	Nlg	4-09.00	4-06.00	1.2
6 Jess Heffelfinger	SO	Palm	4-10.00	4-06.00	1.2
6 Allison Polizanno	JR	SV	4-08.00	4-06.00	1.2
6 Elizabeth Moran	JR	Pal	5-00.00	4-06.00	1.2
-- Nikki Bartholomew	FR	Sal	4-09.00	NH	
-- kayleign Quinn	FR	Wil	4-08.00	NH	

Girls Pole Vault

Meet Record: @ 9-06 2006 Tara Gemmell, Jenna Raudenbush, Jenna Rus, Cat					
Name	Year	School	Seed	Finals	Points
1 Jackie Meissner	SR	SV	11-06.00	11-03.00@	10
2 Stephanie Weber	JR	Caty	10-07.00	9-06.00@	8
3 Jena Rutt	SR	Pahs	9-06.00	J9-06.00@	6
4 Nicole Karasek	SR	Bang	8-09.00	9-00.00	5
5 Summer Keck	SR	Sal	9-06.00	J9-00.00	4
6 Chantelle Weber	JR	Sal	9-00.00	8-00.00	2.5
6 Mollie Eldredge	JR	SV	8-06.00	8-00.00	2.5
8 Aleya Olexson	10	Wil	8-06.00	J8-00.00	1
9 Kayla Springer	FR	Sal	8-00.00	7-06.00	
-- Laura Stubitz	JR	Caty	8-06.00	NH	
-- Diana Voorhees	10	Wil	8-00.00	NH	
-- Lynette Buck	JR	Palm	8-00.00	NH	

Girls Long Jump

Meet Record: @ 17-05 7904 Lori James, Megan Welsch, Catasauqua, Pen Arg					
Name	Year	School	Prelims	Finals	Points

Finals

1	Jackie Meissner	SR SV	15-11.00	15-11.00	10
2	Casey Ord	SO Palm	15-08.75	15-09.75	8
3	Jena Rutt	SR Pahs	15-05.75	15-05.75	6
4	Elizabeth Border	12 Wil	14-04.75	15-05.00	5
5	Caitlin Vanek	FR Wil	15-01.50	15-01.50	4
6	Liz Bromfield	SO SV	14-01.75	14-08.50	3
7	Mariah Mulitsch	FR Bang	14-04.50	14-04.50	2
8	Rebecca Delong	FR Nlg	14-03.75	14-03.75	1

Girls Long Jump

Top 8 Advance by Time

Meet Record: @ 17-05 7904 Lori James, Megan Welsch, Catasauqua, Pen Arg

Name	Year	School	Seed	Prelims
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Preliminaries

1	Jackie Meissner	SR SV	16-10.50	15-11.00q
2	Casey Ord	SO Palm	16-10.50	15-08.75q
3	Jena Rutt	SR Pahs	14-09.75	15-05.75q
4	Caitlin Vanek	FR Wil	15-05.50	15-01.50q
5	Elizabeth Border	12 Wil	15-10.25	14-04.75q
6	Mariah Mulitsch	FR Bang	14-11.50	14-04.50q
7	Rebecca Delong	FR Nlg	15-05.25	14-03.75q
8	Liz Bromfield	SO SV	14-11.00	14-01.75q
9	Brandy Shupp	SR Palm	14-10.50	13-09.25
10	Molly Butz	ND	14-11.00	13-07.50
11	Caitlin Freidl	SO Wil	15-03.00	13-05.25
12	Samantha Wentz	SO SV	14-10.50	13-02.50
13	Kayla Springer	FR Sal	14-11.50	13-00.50

Girls Triple Jump

Meet Record: @ 37-07.50 1978 Lori James, Catasauqua

Name	Year	School	Prelims	Finals	Points
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Finals

1	Jackie Meissner	SR SV	34-08.25	35-00.00	10
2	Casey Ord	SO Palm	34-10.00	34-10.00	8
3	Elizabeth Border	12 Wil	32-03.00	32-09.00	6
4	Liz Bromfield	SO SV	32-02.00	32-02.00	5
5	Brandy Shupp	SR Palm	32-00.00	32-00.00	4
6	Jena Rutt	SR Pahs	31-04.50	31-04.50	3
7	Molly Butz	ND	30-06.50	30-06.50	2
8	Kelly Owens	ND	30-06.00	30-06.00	1

Girls Triple Jump

Top 8 Advance by Time

Meet Record: @ 37-07.50 1978 Lori James, Catasauqua

Name	Year	School	Seed	Prelims
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Preliminaries

1	Casey Ord	SO Palm	36-04.00	34-10.00q
2	Jackie Meissner	SR SV	35-06.75	34-08.25q
3	Elizabeth Border	12 Wil	33-04.50	32-03.00q
4	Liz Bromfield	SO SV	33-06.00	32-02.00q
5	Brandy Shupp	SR Palm	32-04.50	32-00.00q
6	Jena Rutt	SR Pahs	32-06.00	31-04.50q
7	Molly Butz	ND	31-11.00	30-06.50q
8	Kelly Owens	ND	31-03.00	30-06.00q
9	Mariah Mulitsch	FR Bang	31-09.50	30-03.00
10	Erin George	SO Nlg	31-02.75	29-08.25
11	Samantha Turk	JR Sal	30-11.75	29-06.25
12	Cara Siegfried	FR Wil	31-10.50	29-05.25

Girls Shot Put

Meet Record: @ 42-07 1984		Penni Roth, Nazareth			
Name	Year	School	Prelims	Finals	Points
Finals					
1	Jackie Freund	SR SV	30-11.50	33-08.00	10
2	Emily Shaud	JR SV	30-02.50	32-10.00	8
3	Sarah Roscioli	JR Wil	30-11.25	30-11.25	6
4	Jessica Glovas	ND	29-05.50	29-09.00	5
5	Megan Miller	JR Nwlg	29-05.25	29-05.25	4
6	Caitlin Miller	SR Nwlg	29-02.00	29-02.00	3
7	Kristine Wisler	SR Nwlg	29-01.00	29-01.00	2
8	Rachel Torano	Pahs	28-02.00	28-02.00	1

Girls Shot Put

Top 8 Advance by Time

Meet Record: @ 42-07 1984		Penni Roth, Nazareth		
Name	Year	School	Seed	Prelims
Preliminaries				
1	Jackie Freund	SR SV	32-03.00	30-11.50q
2	Sarah Roscioli	JR Wil	32-08.00	30-11.25q
3	Emily Shaud	JR SV	31-05.00	30-02.50q
4	Jessica Glovas	ND	31-05.00	29-05.50q
5	Megan Miller	JR Nwlg	31-10.00	29-05.25q
6	Caitlin Miller	SR Nwlg	30-10.00	29-02.00q
7	Kristine Wisler	SR Nwlg	30-01.50	29-01.00q
8	Rachel Torano	Pahs	29-01.00	28-02.00q
9	Mary Barner	JR Palm	29-08.50	26-10.50
10	Rebekah Eyer	JR Pahs	28-10.50	26-09.00
11	Jamie Hess	SR Bang	30-08.00	26-08.00
12	Amanda Carr	SO Pal	28-09.75	25-06.00

Girls Discus Throw

Meet Record: @ 125-09 1988		Stacey Becker, Palisades			
Name	Year	School	Prelims	Finals	Points
Finals					
1	Jackie Freund	SR SV	16-02.00	116-02.00	10
2	Kristine Wisler	SR Nwlg	95-07.00	100-09.00	8
3	Jamie Hess	SR Bang	97-10.00	97-10.00	6
4	Gwen Steckel	FR Nlg	83-09.00	93-04.00	5
5	Jocelyn Yaich	JR Sal	92-01.00	93-02.00	4
6	Rebekah Eyer	JR Pahs	91-10.00	91-10.00	3
7	Liz Teel	JR Palm	81-04.00	81-04.00	2
8	Natalie Nace	JR Wil	81-00.00	81-00.00	1

Girls Discus Throw

Top 8 Advance by Time

Meet Record: @ 125-09 1988		Stacey Becker, Palisades		
Name	Year	School	Seed	Prelims
Preliminaries				
1	Jackie Freund	SR SV	16-11.00	116-02.00q
2	Jamie Hess	SR Bang	93-06.00	97-10.00q
3	Kristine Wisler	SR Nwlg	97-07.00	95-07.00q
4	Jocelyn Yaich	JR Sal	04-04.00	92-01.00q
5	Rebekah Eyer	JR Pahs	89-05.00	91-10.00q
6	Gwen Steckel	FR Nlg	93-00.00	83-09.00q
7	Liz Teel	JR Palm	90-08.00	81-04.00q
8	Natalie Nace	JR Wil	81-04.00	81-00.00q
9	Jamie Latham	SR SV	85-10.00	79-09.00

10 Sarah Roscioli	JR Wil	82-03.00	79-02.00
11 Megan Miller	JR Nwlg	89-08.00	77-07.00
12 Bridgette Evoy	SR Bang	82-02.00	72-07.00

Girls Javelin Throw

Meet Record: @ 140-08 1985 Heather Korhammer, Wilson

Name	Year School	Prelims	Finals	Points
Finals				
1 Sarah Roscioli	JR Wil	13-04.00	116-03.00	10
2 Katie Bowman	10 Wil	05-04.00	105-04.00	8
3 Christie McGinley	SR SV	93-07.00	103-06.00	6
4 Tori Schilling	JR Pal	95-08.00	97-09.00	5
5 Liz Teel	JR Palm	91-07.00	91-07.00	4
6 Jessica Glovas	ND	89-01.00	90-07.00	3
7 Brie Minarik	Slhg	89-08.00	89-08.00	2
8 Ashley Hahn	SO Bang	87-06.00	87-06.00	1

Girls Javelin Throw

Top 8 Advance by Time

Meet Record: @ 140-08 1985 Heather Korhammer, Wilson

Name	Year School	Seed	Prelims
Preliminaries			
1 Sarah Roscioli	JR Wil	16-11.00	113-04.00q
2 Katie Bowman	10 Wil	00-10.50	105-04.00q
3 Tori Schilling	JR Pal	03-01.00	95-08.00q
4 Christie McGinley	SR SV	95-04.00	93-07.00q
5 Liz Teel	JR Palm	95-08.00	91-07.00q
6 Brie Minarik	Slhg	98-00.00	89-08.00q
7 Jessica Glovas	ND	00-10.00	89-01.00q
8 Ashley Hahn	SO Bang	01-09.00	87-06.00q
9 Megan Miller	JR Nwlg	93-10.00	87-00.00
10 Summer Keck	SR Sal	96-00.00	85-09.00
11 Rachel Torano	Pahs	99-03.00	85-05.00
12 Asta Sekamane	JR SV	95-08.00	67-03.00

Boys 100 Meter Dash

Meet Record: @ 10.80 8589 John Funk & Steve Lapekas, Palisades & Bango

Name	Year School	Prelims	Finals	Points
Finals				
1 Brad Walter	12 Wil	11.30	10.80@	10
2 Anuerys Santos	FR Sal	11.30	10.90	8
3 Kevin Carter	JR Caty	11.30	11.00	6
4 Matt Sutjak	SR Nlb	11.20	11.20	5
5 Aaron Schweibinz	SR Palm	11.30	J11.20	4
6 Terence Abernathy	SR Wil	11.40	11.30	3
7 Luke Scott	Slhb	11.50	11.50	2
8 Sean Hoffman	11 Wil	11.70	12.30	1

Boys 100 Meter Dash

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Meet Record: @ 10.80 8589 John Funk & Steve Lapekas, Palisades & Bango

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Matt Sutjak	SR Nlb	11.20	11.20Q	1
2 Anuerys Santos	FR Sal	11.00	11.30Q	2
3 Brad Walter	12 Wil	10.50	J11.30Q	3
4 Aaron Schweibinz	SR Palm	11.33	11.30Q	1
5 Kevin Carter	JR Caty	11.10	J11.30Q	1

6	Terence Abernathy	SR	Wil	11.30	11.40Q	2
7	Sean Hoffman	11	Wil	11.30	11.70Q	3
8	Luke Scott		Slhb	11.50	11.50q	1
9	Adam Macklin	SR	Nwlb	11.70	11.60	1
10	Austin Cseh	FR	Palm	11.39	11.70	1
10	Dale Haegler	SR	Pahs	11.70	11.70	2
11	Mannie Stewart		ND	11.30	J11.70	2
12	Mike Klotz		Slhb	11.40	J11.70	2
13	Kyle Lahue	SR	Caty	11.50	J11.80	2
13	Tim O'Toole	SO	SV	11.40	J11.80	3
14	Jon Fenstermacker	SR	Caty	11.70	11.80	3
15	Steven Shermetta	SR	SV	11.40	J11.90	3
16	Christopher Morganelli		ND	11.70	J11.90	3
17	Brandon Perkins	11	Wil	11.50	11.90	1
18	Josh Kern	SO	Nlb	11.80	J12.10	3
19	Steve Corello	SR	Caty	11.70	J12.10	2
--	Jacob Weaver	SR	SV	11.30	FS	3

Boys 200 Meter Dash

Meet Record: @ 22.10 1985 John Funk, Palisades

Name	Year	School	Prelims	Finals	Points
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Finals

1	Anuerys Santos	FR	Sal	23.20	23.00	10
2	Kevin Carter	JR	Caty	22.90	23.10	8
3	Matt Sutjak	SR	Nlb	23.80	23.50	6
4	Mike Klotz		Slhb	23.60	23.60	4
4	Adam Macklin	SR	Nwlb	24.01	23.60	4
4	Dale Haegler	SR	Pahs	23.50	23.60	4
7	Luke Scott		Slhb	23.90	24.40	2

Boys 200 Meter Dash

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Meet Record: @ 22.10 1985 John Funk, Palisades

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1	Kevin Carter	JR	Caty	22.80	22.90Q	2
2	Anuerys Santos	FR	Sal	22.90	23.20Q	1
3	Brad Walter	12	Wil	22.00	23.30Q	3
4	Dale Haegler	SR	Pahs	23.50	23.50Q	3
5	Mike Klotz		Slhb	23.10	23.60Q	1
6	Matt Sutjak	SR	Nlb	23.30	23.80Q	2
7	Luke Scott		Slhb	23.60	23.90q	2
8	Adam Macklin	SR	Nwlb	23.40	24.01q	3
9	Sean Hoffman	11	Wil	24.40	24.30	1
10	Tyler Wetzell		Slhb	24.00	24.40	1
11	Anthony Davidson	FR	Wil	23.90	24.50	2
12	Joseph Tavormina	JR	SV	23.72	J24.50	1
13	Josh Kern	SO	Nlb	24.10	24.60	3
14	Eric Strauss	SO	SV	23.73	24.80	2
15	Dave Hantz		Slhb	24.40	24.90	1
16	Michael Buddock	SR	SV	24.20	25.00	3
17	Michael Handwerk	SO	Nwlb	24.00	J25.00	1
18	Tyler Hill	JR	Bang	24.40	25.30	3
19	Christopher Morganelli		ND	24.40	J25.30	2
20	Michael Thomas		ND	24.10	25.90	2

Boys 400 Meter Dash

Meet Record: @ 49.00 2002 Tony Hegedes, Southern Lehigh

Name	Year	School	Seed	Finals	H#	Points
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1	Kevin Carter	JR	Caty	52.40	50.80	2	10
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2	Aaron Schweibinz	SR	Palm	51.80	51.30	2	8
3	Mike Klotz		Slhb	51.70	51.90	2	6
4	Terence Stewart	SR	Nwlb	51.90	53.20	2	5
5	Dale Haegler	SR	Pahs	53.40	53.80	2	4
6	Joseph Tavormina	JR	SV	52.50	J53.80	2	3
7	Jeff Hunsicker	11	Wil	54.50	54.10	1	2
8	Ralph Haaf	SR	Nwlb	54.20	J54.10	1	1
9	Jonathan Mills	SR	SV	53.10	54.30	2	
10	Jordan Smith	SR	Nwlb	54.80	54.60	1	
11	Zach Hallstrom	SR	Pal	54.50	54.80	1	
12	Shawn Leadbetter	SR	Nlb	54.70	54.90	1	
13	Doug Rouland		Slhb	54.20	55.20	1	
14	Zach Ziegler	SR	Nlb	53.80	55.80	1	
14	Nathan Strohl	JR	Palm	54.70	55.80	1	
15	Anthony Davidson	FR	Wil	52.90	J59.40	2	

Boys 800 Meter Run

Meet Record: @ 1:56.90		2004		Justin Babich, Southern Lehigh			
Name	Year	School	Seed	Finals	Points		
1	Aaron King		Slhb	2:01.60	2:03.10	10	
2	Steve Scheerer		Slhb	2:02.30	2:03.70	8	
3	Ty Shaffer		Slhb	2:05.30	2:04.20	6	
4	Alex King		Slhb	2:03.60	2:04.50	5	
5	Aaron Richardson	JR	Pahs	2:06.00	2:04.80	4	
6	Jeff Hanni	12	Wil	2:04.00	2:05.90	3	
7	Timothy Schrantz	SR	SV	2:07.50	2:06.90	2	
8	Quincy Pratt	SR	Pal	2:07.80	2:07.80	1	
9	Bill Brunk		Slhb	2:07.50	2:09.00		
10	Benjamin Fowler	JR	SV	2:05.20	2:09.30		
11	Eric Decker		ND	2:08.10	2:12.60		
12	Matt Conroy	JR	Pahs	2:10.20	2:13.40		
13	Ralph Haaf	SR	Nwlb	2:09.00	2:15.10		
14	Andrew Hanchick		ND	2:10.00	2:15.40		
15	Ray Wright		Slhb	2:07.90	2:16.60		
16	Wes Vinson		Slhb	2:10.90	2:19.50		

Boys 1600 Meter Run

Meet Record: @ 4:22.50		1983		Carl Kemmerer, Palisades			
Name	Year	School	Seed	Finals	Points		
1	Alex Chacon		Slhb	4:42.30	4:36.50	10	
2	Alex King		Slhb	4:33.60	4:38.10	8	
3	Zach Riverbark		Slhb	4:43.40	4:40.40	6	
4	Brian Musum	JR	Bang	4:46.00	4:42.90	5	
5	Evan Wilcox	11	Wil	4:48.60	4:45.10	4	
6	Quincy Pratt	SR	Pal	4:49.00	4:47.90	3	
7	Zach Berger	12	Wil	4:47.30	4:52.30	2	
8	Ray Wright		Slhb	4:48.30	4:53.30	1	
9	Kurt Eckhart	SR	Palm	4:51.00	4:53.90		
10	Jordan Shiffer	SO	Nwlb	4:52.00	4:56.50		
11	Christopher Wolf		ND	5:02.50	4:57.70		
12	Matt Conroy	JR	Pahs	5:00.00	4:58.00		
13	Matthew Rodriguez		ND	4:54.40	4:58.60		
14	Brian Wolst	SO	SV	4:47.00	4:59.60		
15	Matt Sweitzer	11	Wil	5:00.00	5:32.50		

Boys 3200 Meter Run

Meet Record: @ 9:34.10		1999		Jeff Dobias, Palmerton			
Name	Year	School	Seed	Finals	Points		
1	Brian Musum	JR	Bang	9:47.20	10:07.20	10	
2	Alex Chacon		Slhb	9:56.60	10:22.50	8	

3	Jeff Perreira	SR	SV	10:27.10	10:26.30	6
4	Thomas Geschardt	JR	Pahs	10:52.00	10:28.30	5
5	Zach Riverbark		Slhb	10:38.10	10:36.10	4
6	Evan Wilcox	11	Wil	10:34.00	10:41.90	3
7	Dave Haklar		Slhb	10:38.80	10:46.90	2
8	Patrick Brown	FR	Pal	11:00.30	10:47.30	1
9	Kurt Eckhart	SR	Palm	10:56.00	10:50.40	
10	Brian Wolst	SO	SV	10:48.00	10:54.80	
11	Zach Berger	12	Wil	10:37.50	10:55.10	
12	Matt Sweitzer	11	Wil	10:59.00	11:12.10	
13	Ian Hilliard	JR	Sal	11:09.00	11:20.40	
14	Gavin Nevill		Slhb	11:06.60	11:24.10	
15	Matthew Rodriguez		ND	11:00.30	11:33.70	
16	Levi Miller		Slhb	11:14.30	11:42.50	

Boys 110 Meter Hurdles

Meet Record: @ 14.50 1992		Rudy Santana, Saucon Valley				
Name	Year	School	Prelims	Finals	Points	
Finals						
1	Zach Barker-Chittick		Slhb	15.20	15.20	10
2	Jacob Weaver	SR	SV	15.70	15.30	8
3	Terence Abernathy	SR	Wil	15.80	15.40	6
4	Chris Strohler	SO	Sal	16.00	16.40	5
5	Jason Page		Slhb	16.50	J16.40	4
6	Eric Tarby	JR	Pal	16.50	16.50	3
7	Tony Abraham	FR	Sal	16.90	17.20	2
8	Eric Brizuela	10	Wil	17.00	18.00	1

Boys 110 Meter Hurdles

Meet Record: @ 14.50 1992		Rudy Santana, Saucon Valley				
Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1	Zach Barker-Chittick		Slhb	14.90	15.20Q	3
2	Jacob Weaver	SR	SV	16.03	15.70Q	2
3	Terence Abernathy	SR	Wil	16.20	15.80Q	1
4	Chris Strohler	SO	Sal	16.90	16.00Q	1
5	Jason Page		Slhb	16.80	16.50Q	2
5	Eric Tarby	JR	Pal	16.70	16.50Q	3
7	Tony Abraham	FR	Sal	16.90	16.90q	1
8	Eric Brizuela	10	Wil	16.90	17.00q	2
9	Brian Ostrander	11	Wil	17.30	J17.00	1
10	Christopher Peters	SR	Caty	17.10	17.10	3
10	Jeff Hunsicker	11	Wil	16.60	17.10	2
12	Charles Kidd	FR	SV	16.60	17.20	1
13	Sean Yeisley	JR	Sal	17.50	17.30	2
14	Seth Baylor	SR	Bang	17.29	17.40	1
15	Ryan Kresge	SR	Palm	17.08	17.50	3
16	Nicholas Borda	JR	Caty	17.90	17.70	1
17	Keith Seymour	SR	Palm	17.27	17.90	2
18	Josh Ravier	JR	SV	17.60	18.00	3
19	Nicholas Fleischer	FR	Bang	17.88	18.10	1
20	Cody Groller	SO	Nlb	18.10	18.20	3
21	Matt Chernasky	SO	SV	17.80	18.40	2
22	Jordan Serulneck	JR	Nwlb	16.70	18.50	3
23	Brenton Russell		ND	18.10	18.70	2
24	Ryan Stankovic	SR	Nlb	17.70	18.80	3

Boys 300 Meter Hurdles

Meet Record: @ 38.40 2005		Bob Sutjack, Northern Lehigh			
Name	Year	School	Seed	Finals	H# Points

1	Zach Barker-Chittick	Slhb	42.40	40.70	2	10
2	Eric Tarby	JR Pal	42.60	41.50	2	8
3	Jason Page	Slhb	42.60	41.70	2	6
4	Seth Baylor	SR Bang	42.10	42.10	2	5
5	Chris Strohler	SO Sal	43.00	42.80	2	4
6	Ryan Kresge	SR Palm	42.50	43.10	2	3
7	Terence Abernathy	SR Wil	43.90	43.20	1	2
8	Aaron Yetter	JR Sal	43.10	43.40	1	1
9	Christopher Peters	SR Caty	43.60	43.50	1	
10	Nicholas Piazza	ND	43.40	43.60	1	
11	Brian Ostrander	11 Wil	43.10	44.00	2	
12	Josh Ravier	JR SV	43.20	44.30	1	
13	Keith Seymour	SR Palm	42.80	44.90	2	
14	Charles Kidd	FR SV	44.90	45.50	1	
15	Jordan Serulneck	JR Nwlb	44.20	45.70	1	
16	Corey Eckhart	SR Palm	44.30	46.60	1	

Boys 4x100 Meter Relay

Meet	Record: @ 43.60	1999	Bangor, Bangor				
School				Seed	Finals	H#	Points
1	Southern Lehigh			45.40	45.16	2	10
	1) Steve Sroka		2) Tyler Wetzel				
	3) Luke Scott		4) Marcus Prince				
2	Palmerton			45.13	45.20	2	8
	1) Austin Cseh FR		2) Steve Holland SR				
	3) Ryan Kresge SR		4) Aaron Schweibinz SR				
3	Wilson Area			43.50	45.47	2	6
	1) Brandon Perkins 11		2) Brad Walter 12				
	3) Terence Abernathy SR		4) Ryan Little FR				
4	Saucon Valley			46.20	45.87	2	5
	1) Steven Shermetta SR		2) Benjamin Halsel SR				
	3) Michael Buddock SR		4) Eric Strauss SO				
5	Northwestern Lehigh			46.50	46.24	2	4
	1) Michael Handwerk SO		2) Preston Nelson SR				
	3) Adam Macklin SR		4) Jordan Smith SR				
6	Bangor			46.19	46.26	2	3
	1) Ron Angle SR		2) Tyler Hill JR				
	3) Guy Handelong JR		4) Seth Baylor SR				
7	Notre Dame			47.00	46.34	1	2
	1) Christopher Morganelli		2) Andrew Hanchick				
	3) Michael Thomas		4) Brenton Russell				
8	Northern Lehigh			47.50	47.09	1	1
	1) Jason Krawchuck SO		2) Zach Heller SO				
	3) Travis Silfies FR		4) Josh Kern SO				

Boys 4x400 Meter Relay

Meet	Record: @ 3:26.20	2004	Southern Lehigh, Southern Lehigh				
School				Seed	Finals	H#	Points
1	Southern Lehigh			3:31.70	3:31.30	2	10
	1) Luke Scott		2) Alex King				
	3) Steve Scheerer		4) Mike Klotz				
2	Salisbury			3:36.80	3:32.40	2	8
	1) Ethan Burda SO		2) Aaron Yetter JR				
	3) Chris Strohler SO		4) Anuerys Santos FR				
3	Palmerton			3:33.86	3:34.00	2	6
	1) Austin Cseh FR		2) Thad Pitts SO				
	3) Nathan Strohl JR		4) Aaron Schweibinz SR				
4	Northwestern Lehigh			3:36.00	3:36.60	2	5
	1) Jordan Smith SR		2) Adam Macklin SR				

3) Ralph Haaf SR	4) Terence Stewart SR				
5 Catasauqua	3:38.50	3:38.10	2	4	
1) Steve Corello SR	2) Aaron Sebesta SR				
3) Jon Fenstermacker SR	4) Kevin Carter JR				
6 Saucon Valley	3:37.90	3:38.60	2	3	
1) James Molinari JR	2) Benjamin Fowler JR				
3) Jonathan Mills SR	4) Joseph Tavormina JR				
7 Pen Argyl	3:38.10	3:40.10	2	2	
1) Adam Polkowski FR	2) Aaron Richardson JR				
3) Matt Conroy JR	4) Dale Haegler SR				
8 Notre Dame	3:43.10	3:40.30	1	1	
1) Andrew Hanchick	2) Mannie Stewart				
3) Eric Decker	4) Nicholas Piazza				
9 Wilson Area	3:43.00	3:44.50	1		
1) Brian Ostrander 11	2) Jeff Hunsicker 11				
3) Anthony Davidson FR	4) Jeff Hanni 12				
10 Palisades	3:41.30	3:45.60	1		
1) Zach Hallstrom SR	2) Bradley Patterson JR				
3) Quincy Pratt SR	4) John Koba JR				
11 Northern Lehigh	3:38.60	3:45.90	2		
1) Matt Sutjak SR	2) Kyle Campbell SR				
3) Shawn Leadbetter SR	4) Josh Kern SO				
12 Bangor	3:47.50	3:48.30	1		
1) Curtis Labar SR	2) Tyler Hill JR				
3) James Wallace SR	4) Seth Baylor SR				

Boys 4x800 Meter Relay

Meet Record: @ 8:02.30 1983 Southern Lehigh, Southern Lehigh					
Tim Dannisivach, Mike Krafczyk, Mike & Bob McGinty					
School	Seed	Finals	Points		
1 Southern Lehigh	8:23.00	8:27.40	10		
1) Wes Vinson	2) Alex King				
3) Steve Scheerer	4) Aaron King				
2 Saucon Valley	8:39.40	8:33.50	8		
1) Timothy Schrantz SR	2) Benjamin Fowler JR				
3) Jonathan Mills SR	4) Joseph Tavormina JR				
3 Northwestern Lehigh	8:42.90	8:39.80	6		
1) Terence Stewart SR	2) Ben Toner SR				
3) Jordan Shiffer SO	4) Ralph Haaf SR				
4 Palisades	8:40.20	8:45.50	5		
1) Quincy Pratt SR	2) Douglas Moninghoff FR				
3) Zach Hallstrom SR	4) John Koba JR				
5 Wilson Area	8:41.00	8:47.00	4		
1) Matt Sweitzer 11	2) Brian Ostrander 11				
3) Jeff Hanni 12	4) Will Wilkinson 11				
6 Pen Argyl	8:50.50	8:48.10	3		
1) Matt Conroy JR	2) Thomas Geschardt JR				
3) Chris Gum SO	4) Aaron Richardson JR				
7 Notre Dame	8:52.90	8:49.30	2		
1) Eric Decker	2) Andrew Hanchick				
3) Christopher Mitzak	4) Nicholas Piazza				
8 Palmerton	9:29.00	9:12.40	1		
1) Dan McDonald	2) Joe Wieand SR				
3) Seth Piccerillo SO	4) Zack Smith SR				
9 Catasauqua	9:47.50	9:40.50			
1) Kyle Miller SO	2) Michael Davenport JR				
3) Ian Quinn SO	4) David Shea SO				
10 Bangor	8:56.61	9:55.40			
1) Curtis Labar SR	2) Zachary Strauss FR				
3) Aaron Thatcher SR	4) Bryan Wallace FR				

Boys High Jump

Meet Record: @ 6-09 2000 Mike Newhard, Southern Lehigh

Name	Year	School	Seed	Finals	Points
1 Zach Barker-Chittick		Slhb	6-02.00	6-04.00	10
2 Andrew Geiger	SR	Nlb	6-05.00	6-02.00	7
2 Jonathan Heberling	FR	Nlb	6-04.00	6-02.00	7
4 Mathew Morton	SR	Caty	6-02.00	J6-02.00	5
5 Andrew Ruch	JR	Wil	6-00.00	6-00.00	4
6 Adam Heffelfinger	SR	SV	6-00.00	5-10.00	3
7 Chad Sauerzopf	SR	SV	5-10.00	5-08.00	2
8 Scott Snyder	SR	Nlb	5-10.00	J5-08.00	1
9 Zach Ziegler	SR	Nlb	6-00.00	J5-08.00	
-- Jacob Waylen	SO	Nlb	5-10.00	NH	
-- Anthony Davidson	FR	Wil	5-08.00	NH	
-- Aaron Sebesta	SR	Caty	5-08.00	NH	
-- John Wells	JR	Palm	5-08.00	NH	
-- Jacob Weaver	SR	SV	5-10.00	NH	

Boys Pole Vault

Meet Record: @ 14-03 1988		Matt Faust, Salisbury			
Name	Year	School	Seed	Finals	Points
1 Anthony Strein	SR	Caty	14-02.00	13-00.00	10
2 Bruce Chatenka	SR	Caty	13-00.00	12-06.00	8
3 Brian Filko		Slhb	11-00.00	12-00.00	6
4 Nicholas Borda	JR	Caty	11-00.00	11-06.00	5
5 Steven Lach	JR	Nwlb	12-00.00	J11-06.00	4
6 Thomas Wooley		ND	12-00.00	J11-06.00	3
7 Josh Shubrick	JR	Palm	11-06.00	J11-06.00	2
8 Jarrod Shupp	JR	Palm	12-00.00	11-00.00	1
9 Evan Kaucher	JR	Nwlb	11-00.00	J11-00.00	
10 Jacob Bushner	SR	Nlb	11-03.00	10-06.00	
10 Kyle Miller	SO	Caty	12-06.00	10-06.00	
-- Frank Crivallero	12	Wil	11-00.00	NH	
-- Jay Sandt	JR	Pahs	11-00.00	NH	

Boys Long Jump

Meet Record: @ 22-07.75 1986		Dan Reichenbach, Salisbury			
Name	Year	School	Prelims	Finals	Points
Finals					
1 Brad Walter	12	Wil	20-04.25	20-05.75	10
2 Ryan Melhem	SR	Pahs	19-03.25	19-11.25	8
3 Andrew Ruch	JR	Wil	19-03.25	19-04.25	6
4 Bruce Chatenka	SR	Caty	19-00.25	19-01.25	5
5 Evan Kaucher	JR	Nwlb	18-11.00	18-10.25	4
6 Eric Strauss	SO	SV	18-10.25	J18-10.25	3
7 Andrew Geiger	SR	Nlb	17-09.00	18-02.50	2
8 Greg Rotariu	SR	Nlb	17-07.50	17-07.50	1

Boys Long Jump

Top 8 Advance by Time		Dan Reichenbach, Salisbury			
Meet Record: @ 22-07.75 1986					
Name	Year	School	Seed	Prelims	
Preliminaries					
1 Brad Walter	12	Wil	22-01.00	20-04.25q	
2 Ryan Melhem	SR	Pahs	20-02.00	19-03.25q	
2 Andrew Ruch	JR	Wil	21-07.75	19-03.25q	
4 Bruce Chatenka	SR	Caty	19-10.50	19-00.25q	
5 Evan Kaucher	JR	Nwlb	19-05.75	18-11.00q	
6 Eric Strauss	SO	SV	19-04.75	18-10.25q	
7 Andrew Geiger	SR	Nlb	19-04.00	17-09.00q	
8 Greg Rotariu	SR	Nlb	19-07.75	17-07.50q	

9 Jon Fenstermacker SR Caty 19-09.75 17-06.50

Boys Triple Jump

Meet Record: @ 45-04 1983 Jacob Kim, Nazareth					
Name	Year	School	Prelims	Finals	Points
Finals					
1 Adam Heffelfinger	SR	SV	41-00.50	41-07.25	10
2 Andrew Ruch	JR	Wil	41-07.00	41-07.00	8
3 Ryan Melhem	SR	Pahs	41-06.25	41-06.25	6
4 Andrew Geiger	SR	Nlb	41-01.50	41-01.50	5
5 Eric Owens		Slhb	40-10.25	40-10.25	4
6 Aaron Yetter	JR	Sal	40-02.50	40-02.50	3
7 Jonathan Heberling	FR	Nlb	39-09.00	39-09.00	2
8 Eric Strauss	SO	SV	38-10.75	38-10.75	1

Boys Triple Jump

Top 8 Advance by Time					
Meet Record: @ 45-04 1983 Jacob Kim, Nazareth					
Name	Year	School	Seed	Prelims	
Preliminaries					
1 Andrew Ruch	JR	Wil	43-07.75	41-07.00q	
2 Ryan Melhem	SR	Pahs	41-06.50	41-06.25q	
3 Andrew Geiger	SR	Nlb	41-04.50	41-01.50q	
4 Adam Heffelfinger	SR	SV	42-05.00	41-00.50q	
5 Eric Owens		Slhb	39-06.00	40-10.25q	
6 Aaron Yetter	JR	Sal	40-03.00	40-02.50q	
7 Jonathan Heberling	FR	Nlb	39-09.50	39-09.00q	
8 Eric Strauss	SO	SV	40-09.00	38-10.75q	
9 Adam Carper	JR	Pal	40-08.00	38-06.00	
10 Alex Thom		Slhb	39-03.25	38-02.00	
11 Aaron Sebesta	SR	Caty	39-03.75	36-10.00	
12 Nikolas Baab	JR	Sal	40-03.50	31-00.25	

Boys Shot Put

Meet Record: @ 54-03.25 1996 Jarrett Weiss, Northwestern					
Name	Year	School	Prelims	Finals	Points
Finals					
1 Tyler Tkach	SR	Nlb	52-07.75	52-07.75	10
2 Jay Shook	SR	Wil	45-02.50	45-02.50	8
3 Mike Ryan	12	Wil	44-11.50	45-02.00	6
4 Grant Broach	SO	Pal	44-09.50	44-09.50	5
5 James Grant		Slhb	44-06.00	44-07.25	4
6 Scott Snyder	SR	Nlb	43-02.75	43-09.75	3
7 John Berrigan	JR	Caty	42-07.50	42-07.50	2
8 Mark Rosenkranz	11	Wil	40-05.25	41-04.00	1

Boys Shot Put

Top 8 Advance by Time					
Meet Record: @ 54-03.25 1996 Jarrett Weiss, Northwestern					
Name	Year	School	Seed	Prelims	
Preliminaries					
1 Tyler Tkach	SR	Nlb	54-07.00	52-07.75q	
2 Jay Shook	SR	Wil	47-07.50	45-02.50q	
3 Mike Ryan	12	Wil	47-03.75	44-11.50q	
4 Grant Broach	SO	Pal	43-05.00	44-09.50q	
5 James Grant		Slhb	43-02.00	44-06.00q	
6 Scott Snyder	SR	Nlb	46-06.00	43-02.75q	
7 John Berrigan	JR	Caty	43-00.00	42-07.50q	

8 Mark Rosenkranz	11 Wil	42-00.00	40-05.25q
9 Colin McMillen	JR Nwlb	41-05.00	39-07.00
10 Jacob Weaver	SR SV	42-09.00	39-03.00
11 Joshua ZeRuth	SR Bang	42-09.00	38-08.00
12 Chad Sauerzopf	SR SV	41-06.00	38-04.75

Boys Discus Throw

Meet Record: @ 166-08 2001 Travis Hand, Palmerton

Name	Year School	Prelims	Finals	Points
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Finals

1 Andrew Geiger	SR Nlb	41-03.00	144-08.00	10
2 Tyler Tkach	SR Nlb	43-00.00	143-00.00	8
3 George Ferko	SR Palm	39-02.00	139-02.00	6
4 Grant Broach	SO Pal	28-11.00	137-01.00	5
5 Ryan Stankovic	SR Nlb	25-01.00	125-01.00	4
6 Pat Coyle	SR Pal	25-00.00	125-00.00	3
7 Ryan Boyer	Slhb	24-09.00	124-09.00	2
8 John Berrigan	JR Caty	24-00.00	124-00.00	1

Boys Discus Throw

Top 8 Advance by Time

Meet Record: @ 166-08 2001 Travis Hand, Palmerton

Name	Year School	Seed	Prelims
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Preliminaries

1 Tyler Tkach	SR Nlb	44-01.00	143-00.00q
2 Andrew Geiger	SR Nlb	38-03.00	141-03.00q
3 George Ferko	SR Palm	33-03.50	139-02.00q
4 Grant Broach	SO Pal	33-04.00	128-11.00q
5 Ryan Stankovic	SR Nlb	22-03.00	125-01.00q
6 Pat Coyle	SR Pal	47-04.00	125-00.00q
7 Ryan Boyer	Slhb	30-01.00	124-09.00q
8 John Berrigan	JR Caty	27-08.00	124-00.00q
9 Ben Norris	FR Wil	29-08.00	112-05.00
10 Chad Sauerzopf	SR SV	32-03.00	111-03.00
11 Mike Braun	10 Wil	21-11.00	107-02.00
12 Jay Shook	SR Wil	29-07.00	107-01.00

Boys Javelin Throw

Meet Record: @ 203-08 1977 Tom Nickles, Nazareth

Name	Year School	Prelims	Finals	Points
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Finals

1 Matt Sutjak	SR Nlb	74-05.00	174-05.00	10
2 Josh Bochini	11 Wil	73-10.00	173-10.00	8
3 Andrew Hoffner	JR Palm	59-03.00	163-04.00	6
4 Devin Malarchik	FR Caty	60-05.00	160-05.00	5
5 Zach Heller	JR Palm	49-07.00	149-07.00	4
6 Michael Bartholomew	SO Caty	48-00.00	148-00.00	3
7 Tim O'Toole	SO SV	47-01.00	147-01.00	2
8 Patrick Wanamaker	JR Nlb	47-00.00	147-00.00	1

Boys Javelin Throw

Top 8 Advance by Time

Meet Record: @ 203-08 1977 Tom Nickles, Nazareth

Name	Year School	Seed	Prelims
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Preliminaries

1 Matt Sutjak	SR Nlb	85-00.00	174-05.00q
2 Josh Bochini	11 Wil	65-03.50	173-10.00q
3 Devin Malarchik	FR Caty	60-03.00	160-05.00q

4 Andrew Hoffner	JR Palm	66-05.00	159-03.00q
5 Zach Heller	JR Palm	67-11.00	149-07.00q
6 Michael Bartholomew	SO Caty	57-04.00	148-00.00q
7 Tim O'Toole	SO SV	54-09.50	147-01.00q
8 Patrick Wanamaker	JR Nlb	61-08.00	147-00.00q
9 John Berrigan	JR Caty	60-11.00	146-03.00
10 Brandon Hall	JR Palm	57-05.00	145-04.00
11 James Grant	Slhb	53-00.00	143-10.00
12 Tyler Tkach	SR Nlb	60-10.00	138-01.00